**Des Moines Creek Trail**  
**Source:** Image 480x208 to 596x334

This bicycle and pedestrian trail connects three park areas — Normandy Park Creek, 255-acre Des Moines Beach Park Historic District and Tidallands, and Moosie Des Moines Marina. The trail travels through old growth forests and areas with salmon spawning grounds and a fish ladder, stability two historic landmarks and a mountain bike facility, before ending at the waterfront. This trail provides the public anticipated waterfront link, connecting Des Moines neighborhood, recreation facilities, and schools. Sea-Tac Airport, a future light rail station, and the South King County Regional Trail link to the Puget Sound in downtown Des Moines.

**Distance:** 17 miles
**Surface:** Multi-use paved trail with soft shoulder

**Green River Trail**  
**Source:** Image 1054x553 to 1169x663

The Green River Trail winds more than 19 miles from the Normandy Park Creek Park to the Southcenter area, Renton. The trail provides waterfront access and goes through the Green River. The trail provides a scenic view of the Green River Valley and the Gold Mountain and the Olympic Mountains. Renton offers access to the Green River and the river. The trail provides access to the Green River and the Green River. The trail is at the center of the Puget Sound and the Olympic Mountains.

**Distance:** 17 miles  
**Surface:** Multi-use paved trail with soft shoulder

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**For the communities of Burien, Des Moines, Normandy Park, Renton, SeaTac, and Tukwila**

**Renton**

Located on the south shore of Lake Washington, Renton is the center of the Puget Sound region. The city’s downtown is a mix of urban parks and natural areas. The Cutler Bay, connecting the largest edges of the city, is a popular place for outdoor recreation. The park is at the center of the Puget Sound region. Renton offers access to a variety of urban and natural resources.

**Des Moines**

Located on Puget Sound, Des Moines offers a variety of recreation facilities, beaches, parks and facilities for people to enjoy the natural beauty of the Northwest. The city’s beautiful beaches are popular places for outdoor recreation. Lighted athletic fields and parks are at the center of the city’s natural beauty.

**Burien**

Burien offers a great quality of life for families, community, and recreational opportunities for people in the greater Puget Sound. Burien’s Stunning, 300-acre sea island at the southern end of Lake Washington, SeaTac is a vibrant community of businesses and community centers.

**SeaTac**

SeaTac is a vibrant community, environmentally sound, and preserved historic downtown. Renton offers a unique quality of life, a strong sense of community, and many recreational opportunities for everyone. Gene Coulon Memorial Beach Park, interconnected parks and paths with nearly 1.5 miles of Lake Washington waterfront, is the most popular city park with 1.5 million visitors each year.

**Normandy Park**

Normandy Park is a beautiful location located on the shores of Puget Sound. The community provides a higher priority to maintaining and enhancing its open space, transportation and recreation setting and providing a healthy and safe environment in which residents can enjoy their families. The City of Normandy Park’s 150 acres of parks, all of which are open to the public, provides a place to walk, run, and enjoy the nature preserves.

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**To Market, To Market!**

Farmers markets are family-friendly gathering places that provide access to the freshest local fruits and vegetables available. The communities in King County host many farmers markets that feature fresh produce and local goods. Ride or walk to the market for a great outing!

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**Get Active!**

According to health experts, in order to maintain good health every person should do thirty minutes or more of moderate-intensity physical activity throughout the day on five or more days of the week. Residents of King County have many ways to be physically active. Hiking, biking, rollerblading, canoeing, kayaking, walking, and team sports are just a few of the ways to get off the couch and get moving. Opportunities for all of these activities can be found in this community map guide.